Meals Served 11:30--12:30

NOVEMBER 2026 - PENDER ADULT SERVICES

60 & up Contribution: 59 & under $5

Monday	Tuesday	Wednesday	Thursday	Friday
2 Philly Cheesesteak Sandwich Sweet Potato Waffle Fries Italian Green Beans Pineapple Tidbits 2% Milk	3 Pork Patty Rib Bu Corn Baby Lima Beans Fruit Cobbler Roll 2% Milk	4 Oven Roasted Turkey Scalloped Potatoes Baby Carrots Tropical Fruit Mix Biscuit 2% Milk	5 Salisbury Steak Mashed Potatoes/Gravy Tuscan Blend Vegatables Fresh Orange Roll/Margarine 2% Milk	6 Chef Salad w/Turkey, Cheese Vegetables & Dressing Pasta Salad Mandarin Orange Cup Crackers 2 % Milk
9 Smoked Sausage Dirty Rice Steamed Cabbage Peaches w/ Whipped Top Biscuit 2% Milk	10 Chicken Cordon Bleu Bu. Egg Noodles Broccoli Fruit of Choice Roll/Margarine 2% Milk	11 	12 Pulled BBQ Pork Sweet Potato Souffle Vegetable of Choice Diced Pear Cup Roll/Margarine 2% Milk	13 Tomato Bisque Pimento Cheese Sandwich Fruit of Choice Yogurt 2% Milk
16 Rosemary Baked Chicken Mashed Potatoes/Gravy Monterey Veg Blend Strawberry Applesauce Cornbread/Margarine 2 % Milk	17 Meatloaf Rice/Gravy Spinach Mixed Fruit Cup Biscuit 2% Milk	18 Corn Dog Nuggets Macaroni & Cheese Coleslaw Diced Mango Hot Dog Bun 2% Milk	19 Lasagna Tossed Veg Salad/Dressing Pineapple Tidbits Breadstick 2 % Milk	20 Turkey/Swiss Sandwich Potato Salad V8 Juice Fruit of Choice Nutri Grain Bar 2 % Milk
23 Oven Fried Fish Baked Beans Coleslaw Rosy Pears Hush Puppies 2 % Milk	24 Tacos with Grilled Chicken Fiesta Rice Lettuce/Tomato/Salsa Peaches Soft Taco Shell/Sour Cream 2 % Milk	25 Cheesy Stuffed Peppers Corn Fruit of Choice Oatmeal Cookie 2% Milk	26 CLOSED FOR HOLIDAY	27 CLOSED FOR HOLIDAY
30 Baked Spaghetti Green Beans Tropical Fruit Mix Garlic Knot 2% MIlk	Meat - at least 2 oz Casserole - 6 oz Veg/Fruit - 1/2 c Juice - 6 oz Condiments as needed	Approved by: Kathleen Sedoma, RD, LDN		