November 2026
Pender Adult Services

Promoting Healthy & Fulfilling Lives

November is Family Caregivers Month



Medicare Open Enrollment – Make your appt with SHIIP

11/4 HP Birthday Bingo @ 10:25am
Brain & Body @ 10:30

11/5 TSC Birthday Bingo @ 10:30am & Novant Free Health Checks;
Cholesterol, Glucose & Blood Pressure 9:00am until 11am

11/5 HP CRAFT FAIR & SALE (bring $ to shop & purchase raffle tickets)

11/5 HP UNCW Nursing Students Health Checks (Topic: Chronic Pain)

11/7 HP CRAFT FAIR & SALE 10:00 – 1:00 pm (SATURDAY)

11/10 Both Marine Corp Day (Wear Red, White or Blue)

11/10 HP Veterans Coffee at 10:30am

11/10 HP Lunch Topic: Bursitis or Arthritis (Tony from Revive Fitness)

11/11 Closed for Veterans Day

11/12 TSC Veteran Recognition at 10am, Bingo to follow at 10:30.

11/12 HP Kareoke Sing-a-long at 12:15pm

11/13 HP World Kindness Day (Cards for Assisted Living Facility)

11/16 HP Music with Tollie at 12noon

11/17 HP Health Checks with LCFL (Topic: Caregiving)

11/17 HP Diaper Bank of NC –FREE Adult Incontinence supplies

11/18 HP Visually Impaired Group at 1pm

11/19 Family Caregivers Academy (Off Site)

11/24 TSC Movie Tuesday @10am

11/26 Thanksgiving Holidays (Thurs – Fri)

Diaper Bank of NC
11:00 – 1:00pm
November 17, 2026
Pender Adult Services

October 15 – December 7 – Open Enrollment for Medicare Part D/Medicare Advantage
Set up a time to meet with a trained SHIIP counselor!!

HP- Heritage Place, Burgaw – 910-259-9119
TSC – Topsail Senior Ctr, Hampstead – 910-270-0708

Find us on Facebook: Topsail Senior Center
Find us on Facebook: PenderAdultServices

www.penderpas.com