



Pass it on...

The Pender-Topsail
POST
& Voice

May
2021

PENDER ADULT SERVICES, INC.

Pender Adult Services now open

By Jennifer Mathews
Pender Adult Services

We have reopened our buildings for congregate meals and activities. Exercise groups, Weekly Bingo and Craft groups will be meeting following the three W's protocols. Masks are required. Congregate meals are being offered on site.

We are asking participants to read and sign a Covid agreement. If you have questions or would like to reserve your space for an activity, please call the center that you attend. For Heritage Place please call (910) 259-9119, ext 301. For Topsail Senior Center please call (910)270-0708.

Anyone showing signs (staff or clients) of illness of any kind or who may have been exposed to COVID-19 will not be allowed in the facility. You are encouraged to stay at home if you do not feel well.

Pender Adult Services encourages COVID vaccinations. If you wish to participate in Center activities, we recommend vaccinations. If you choose not to get vaccinated, we recommend that you remain at home for the protection of yourself and others.

If you need assistance scheduling a COVID-19 vaccine, please call us. We will be glad to assist you!



The Pender Adult Services staff welcomes everyone back.

RSVP volunteers tapped for Governor's Volunteer Service Awards

The North Carolina Commission on Volunteerism and Community Service recently announced the 2021 Governor's Volunteer Service Award winners across North Carolina. These awards honor the true spirit of volunteerism by recognizing individuals, groups, and businesses that make a significant contribution to their community through volunteer service.

We are very excited to share that two of our Pender AmeriCorps Seniors RSVP volunteers, Marge Ulcickas and Diane Cavanaugh, are winners this year.

Marge Ulcickas has volunteered with us for the past six years. She is a master at working through difficult situations with focus, expertise, lots of care, and patience with her client. We respected Marge's busy work schedule as we purposely asked her to take on what we thought would be a new and very low maintenance client in January last year.

Her client was blind and just needed some help with mail, picking up groceries, and paying some bills. Eight weeks later the world changed for all of us with COVID and it also changed for Marge's client as he became very ill, was finally hospitalized, and then admitted to rehab.

At the same time, Marge realized there was likely



Marge Ulcickas

fraud involved with her client's situation. She immediately referred the matter to us and we worked with the Sheriff's Office, Department of Social Services, and others to handle the situation.

At the same time, her client's family, who live outside of this area, chose to remain uninvolved. Today, thank goodness, the situation is much better. Marge's client treats her like his beloved daughter and they have a rich and rewarding relationship as Marge continues to help care for him.

Marge is very deserving of this award and we are grateful for her volunteer service, sincerity, and expertise.

Diane Cavanaugh has devoted her professional life to working with children, youth, and adults with intellectual disabilities in various capacities over the years. When we met her at a local expo in 2018, we knew



Diane Cavanaugh

there was a possible match for her to work with one of our developmentally challenged clients.

She started working with her new friend, Roxie as she mentored and encouraged her to live her best life. This strong friendship has helped Roxie grow and become a stronger young woman ready to take on new life challenges.

Diane is also a member of the Topsail Kiwanis Club. She is helping them develop programming to more productively involve local people with intellectual disabilities in the community.

"It turned out to be a good match," Diane said. "The national Kiwanis Club already had a well-developed program named Aktion Club; the Topsail Kiwanis Club wanted to activate this program; and, I had the experience and skills to help make this happen in Pender County."

Diane also stays busy as

she trains for triathlons, works with other groups in the county, and generally stays very healthy. She also created many facemasks for others during the pandemic.

We appreciate Diane's expertise, positive attitude, smile, and calm demeanor. We are very fortunate that Diane and her husband, Kevin, decided to retire here and remain active in our shared community.

Other Award Winners

We also extend congratulations to the other Pender County Governor's Volunteer Service award winners.

Jeno is a volunteer firefighter in Surf City. He and his wife, Jan, have shared many hours of their volunteer time with the Surf City Firefighters Auxiliary. And, congratulations also go out to the Share the Table organization who received the Medallion Award for their dedicated service.

Their director, Dawn Ellis, and their 190 volunteers gather donations, prepare food boxes, and operate a soup kitchen.

The Governor's Volunteer Service Award honors people and organizations who have shown concern and compassion for their neighbors by making a significant contribution to their community through volunteer service.



AARP Tax Aide Heroes (left to right) Chester Bloden, Jane Krummenacker, Jay Councilman, Dot Mazepa, Catherine Adams, and Linda Myslinski.

Topsail Center News

Happy May Day from Topsail Senior Center! It's hard to believe Memorial Day and the beginning of summer are just around the corner. Also, with May brings the re-opening of our Senior Center in Hampstead! We will be open beginning May 3 on a limited schedule with some indoor classes, activities and congregate meals.

Please call 910-270-0708 for our schedule and also to reserve your space for

a class or activity since space is limited due to Covid-19 restrictions.

We would like to wish all of the Mothers out there Happy Mother's Day and we hope you get to see your family this year. And last but not least, we would like to thank our AARP Tax Aide Volunteers who despite Covid-19, worked from Feb. 17 through April 14 filing more than 300 tax returns for people in our area! We are so grateful to you all year after year.



An April Tea party was in order on the new enclosed porch at Heritage Place. Ann and Evelyn (above) had a visit after too many years. Seniors (below) enjoy a spot of tea, party Bingo, a "hum-a-long" and lunch at the Tea Party event at Heritage Place



PENDER ADULT SERVICES, INC.

PROJECT DIRECTOR JOB ADVERTISEMENT

JOB TITLE: Ameri-Corp (RSVP) Program Director

Ameri-Corp (RSVP) Director position sponsored by Pender Adult Services, Inc. to manage Pender RSVP program. Director works cooperatively with sponsor staff, Community Advisory Group, volunteers, Ameri-Corp Senior Program to plan and implement RSVP project. Project director responsible for public relations and administration of program including compliance with grant/federal regulations. Bachelor's Degree and experience working with over 55 population. Strong volunteer and general management experience required. Computer literacy and car required. Subject to background check. Equal Opportunity Employer

Send Resume to: Wesley B. Davis, Executive Director, Pender Adult Services, Inc. P. O. Box 1251 Burgaw, NC 28425. wdavis@penderpas.com

Pender Adult Services will ask that clients perform a DAILY HEALTH SCREENING SELF-ASSESSMENT

Answering no to the following questions to come into the facility:

- Do you have at least two of the following symptoms: chills, shaking with chills, muscle pain, headache, sore throat, and loss of taste or smell?
- If you have **not** been vaccinated; Have you traveled out of the country, or out of the state in the last month? (If yes, please quarantine for 10 -14 days.)
- Have you been in contact or exposed to anyone with these symptoms since the last time you were here?
- Are you running a temperature of 100.4 or higher?

Follow social distancing strategies: Wear a Mask, Wash your hands and Wait to maintain a safe distance. A participant agreement has been created and will be required.

CAN WE HELP??



Do you need assistance scheduling a COVID-19 Vaccine
Call us (910)259-9119 (x 301) or (910)270-0708

Do you need aging information or MOW assistance?
Call Jane Johnson (X 309)

Do you need help with Medicare or Senior Programming info?
Call Jennifer Mathews (X 307)

Do you need Transportation? Call PASTRAN (X 1)

WOULD YOU LIKE TO VOLUNTEER? Call Barbara (X 329)



Bill Kozel receives award for Regional Volunteer of the Year from Insurance Commissioner Mike Causey during a visit from the commissioner in May.

Memorial and Honorary Giving Program

Contributions have been received recently from
All Saints Church
Ann & Alan Rule
Catherine Kennedy Home Foundation
Coastal Pender Rotary Club
Dixie & Bill Rhinehart
Jackie’s Nursery
New Estuary Home Care
Paul Jones – in memory of Paula Baker
Port Human Services
Rich & Lauretta Tarter
Smithfield Support Services Corp

Thank you for your contributions!

Special Thanks to
Hampstead Women’s Club
CNA’s, RSVP volunteers, PASTRAN drivers
for working throughout the Pandemic

Have you considered a gift to Pender Adult Services, Inc.? We appreciate your support for services that we offer!! Your donations to PAS are tax deductible. An acknowledgement will be sent whether donation is in Honor or in Memory of individual or group.

For more information on Pender Adult Services Memorial and Honorary Giving Program please contact Wesley Davis at 910-259-9119.



May 2021



- May 4 – World Giving Day
RSVP PERKS at 9 am (HP)
- May 5 – May Birthday Party (HP)
RSVP Perks at 9 am (Hampstead)
- May 7 – National Day of prayer
- May 13 – Frog Jumping Day HP(Wear Green)
- May 14 – Dance like a Chicken Day(HP) – Chair Exercise at 10:30 am
- May 18 – RSVP Volunteer Recognition (TSC)
- May 20 – RSVP Volunteer Recognition (HP)
- May 21 – Crafty Friday 11 am (HP) (Chair exercise at 10:30)
- May 27 – OAM Celebration (HP)– Unresolved String Band 11:30 am
- May 31 – Memorial Day – closed
- June 2 – Retirement Party for Barbara Mullins

You are invited to a Retirement Party for
BARBARA MULLINS, RSVP director

THANK YOU for 10 years of service & Building a strong RSVP program

Come join us as we recognize and honor Barbara

June 2, 2021

Floating from 1:00 – 3:00

Heavy hors d’oeuvres
Pender Adult Services

901 S Walker Street, Burgaw



WEAR
a cloth face covering.

WAIT
6 feet apart. Avoid close contact.

WASH
your hands often or use hand sanitizer.

@NCDHHS

#StayStrongNC



The Pender-Topsail
POST
& Voice

Subscribe Today!
910.259.9111

Pender - Meals on Wheels Menu May, 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tender Fritter Redskin Potato Wedge California Mix Vegetables Fruit Salad Wheat Roll/Margarine 2% Milk	4 Glazed Pork Chop Rice / Gravy Collard Greens Peaches Biscuit 2% Milk	5 Hot Dog on Bun Baked Beans Coleslaw Tropical Fruit Mix (Bun) / Ketchup/Mustard 2 % Milk	6 Lasagna Tossed Salad/Dressing Fresh Orange Breadstick/Margarine 2 % Milk	7 Egg Salad V-8 Juice Pasta Salad Banana Crachers 2 % Milk
10 Polish Sausage Mashed Potatoes California Mix Vegetables Strawberry Applesauce Wheat Roll/Margarine 2% Milk	11 Fish Sandwich Potato Tots Coleslaw Fruit Mix (Bun) 2 % Milk	12 Mexican Casserole with Rice/Beans Tossed Salad Pineapple Tidbits Cornbread/Margarine 2 % Milk	13 Mango Chicken Au Gratin Potatoes Oriental Blend Vegetables Peach Cup Biscuit 2 % Milk	14 Turkey/Cheese Sandwich Sun Chips Tomato, Lettuce Slice Orange Juice Cookie 2% Milk
17 Oven Fried Chicken Potato Wedges Green Beans Pears Biscuit/Margarine 2% Mik	18 Spaghetti with Meat Sauce Tossed Veg Salad/Dressing Tropical fruit Mix Breadstick/Margarine 2 % Milk	19 Turkey Noodle Casserole Steamed Broccoli Peaches Wheat Roll/Margarine 2 % Milk	20 Beef Steak Fingers Macaroni & Cheese California Mixed Vegetables Fresh Orange Wheat Roll/Margarine 2 % Milk	21 Chicken Salad Sandwich Cucmber Salad Fruit of Choice Granola Bar 2% Milk
24 Crispy Baked Fish Rice Pilaf Coleslaw Pineapple Tidbits Wheat Roll/Margarine 2 % Milk	25 Pork BBQ Baked Sweet Potato Summer Squash/Onions Fruit Cup Cornbread Muffin 2 % Milk	26 Stew Beef/Gravy Butter Noodles Steamed Carrots Seasonal Fruit Wheat Roll/Margarine 2 % Milk	27 Chicken and Dumplings Baby Carrots Tropical Fruit Mix Biscuit/Margarine 2 % Milk	28 Chef Salad with Grilled Chicken/Veggies Corn Chips Banana Crackers, Salad Dressing 2 % Milk
31 			Meat - 2 oz cooked Casserole - 6 oz Veg/Fruit - 1/2 c Season with marg or veg oil Bread - 1 each	Approved by: