

PASS IT ON

January
2012

Helpful information to
enhance senior living provided
by Pender Adult Services



The Pender
POST

Changes made to the Energy Assistance Program

Changes have been made to the Low Income Energy Assistance Program.

Households will no longer receive a LIEAP check in February. Energy payments will be paid directly to the heating provider – the power, gas, or fuel company.

All households must submit an application to the LIEAP for heating assistance.

Applications for those age 60 and above, and disabled persons receiving services through aging

and adult services will be received through Jan. 31.

If funding is still available, others may apply for assistance beginning Feb. 1.

Applications will be accepted at Topsail Senior Center Jan. 12, from 10 a.m. – noon.

Applications will be accepted at Heritage Place Jan. 10 from 10 a.m.-noon.

For more information on the Low Income Energy Assistance Program, contact the Pender County Department of Social Services at 259-1240.



Vercie Turner was honored for 25 years of service with Pender Adult Services at the CNA's Christmas Party in December.

DEES^{Rx}
Drug Store
Proudly Serving Pender County
~ Since 1916 ~

Open 9-6
Monday-Friday
9-1 Saturday

111 Wright Steet, Burgaw, NC 28425 • 910.259.2116

This store gladly accepts PCS, PAID, TDI, Medicaid, Medicare, Blue Cross/Blue Shield, State Teachers Plan and most other third party prescription plans.

VISIT OUR
SODA FOUNTAIN!

Jimmy Wilson, Pharm. D.
Kim Basden, Pharm. D. Randy Spainhour, RPh.





The Charity Middle School Inspirational Choir (above) came to Heritage Place and performed a program of Christmas music for the seniors.

The Pender Adult Services travel group (left) enjoyed an early December trip to Lancaster, Pa. and attended Miracle of Christmas. The group also toured the Milton Hershey School in Hershey, Pa.

Memorial and Honorary Giving Program

*Your Gifts to
Pender Adult Services, Inc
Is acknowledged with
grateful appreciation*

**Marion & Bill Lacer
Frank & Sandra Cameron**

**In Honor of Anne Wolfe
By Mrs. W G Moore**

**Continuing Contributions
Emma Anderson Memorial Chapel
Hampstead Women's Club
St Joseph's Church
Willarlea Ruritan Club**

Thank you for your in kind gifts
**American Legion Post 167 - Hampstead
for Food Boxes for Home Bound
Four County Electric for Fruit Baskets
Bobbi Bell and Mission Baptist Church for Holiday Meals
P.E.A.R. for Plush Animals for Meals on Wheels Clients**

Donations to PAS are tax deductible. For more information on the Pender Adult Services Memorial and Honorary Giving Program please contact Wesley Davis at 259-9119 or toll-free at 1-877-259-9119.

start off the new year dancing! Modern Western Square Dancing

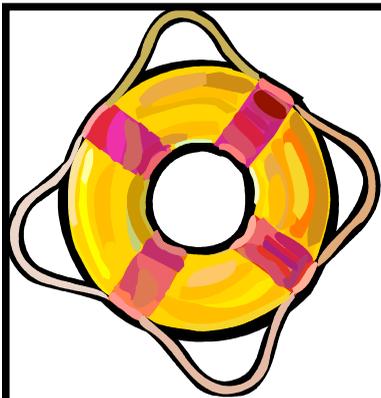
January 6, 2012

7:30-9:30 pm

Topsail Senior Center
(beside Pender Pines)

No partner required - Donations accepted

Please RSVP @ 270-0708



**Boating Safety Course
at the Topsail Senior Center
Boating Skills & Seamanship (BS & S)**

*Instruction begins January 24
Tues & Thurs nights
7:00 – 9:00 pm
(12 sessions total)*

**Offered by Greater Topsail Area Flotilla 10-09
US Coast Guard Auxiliary
\$35 Fees apply (For materials)
Call 270-0708 for more information**



**Free Chair Aerobic
Class
Topsail Senior Center
Thursdays, 11:00 -
11:45 am
Come join us for fun,
fellowship, aerobics &
balance
Begins January 5th**



Jim and Marilyn Smith visit with Santa at the Topsail Senior Center's Christmas Party.

***Pender Adult Services
Calendar of Events***

RSVP Perks

Tues. Jan. 3 (HP) 9-10 a.m.
Wed. Jan. 4 (TSC) 9-10 a.m.

Square Dance

Fri. Jan. 6 (TSC) 7:30-9:30 p.m.

Healthy America – Health Checks

Wed. Jan. 4 at Fitness Fusion 9:30- 11 a.m.
Mon. Jan. 9 at Fitness Fusion 4:30-6 p.m.
Thurs, Jan. 12 at Topsail Senior Center
11:30 a.m.-1p.m.

Tree Top Quilters (TSC)

Mon. Jan. 9 at 1p.m.

Contact Kay Stanley at 270-0708

Low Income Energy Assistance (TSC)

Tues. Jan. 10 from 10 a.m.-12 noon

Blind Support Group (HP)(Second Tues.)
Jan. 10 at 1 p.m.

Contact Patricia Miller at 259-1464

Wilmington Coupon Club (HP)

Mon. Jan. 23 at 6-7 p.m.

RSVP to wilmingtoncouponclub@yahoo.com

Alzheimer's Support Group (HP)

Thurs. Jan. 26 at 11:30 a.m.

Contact Kay Warner at 259-9119

Diabetes Support Group (HP)

Thurs. Jan. 26 at 11a.m.

Contact Rebecca Boggs at 259-9119



Thank you
Pender County Master Gardeners
For the beautiful arrangements
for our Meals On Wheels clients

Pender Adult Services, Inc

Heritage Place
901 South Walker Street
Burgaw, NC 28425
(910) 259-9119

Pender Adult Services is committed to providing our community a safe, stable, environment in which individuals can maintain their independence, good health practices, and a healthy sense of self-esteem.

Topsail Senior Center
20959 Highway 17
Hampstead, NC 28443
(910) 270-0708

Heritage Place Opportunities

Phone: 259-9119

Monday 8:00—7:00	Tuesday 8:00—7:00	Wednesday 8:00—5:00	Thursday 8:00—5:00	Friday 8:00—3:00
9:00 Oil Painting 10:30 Rummique 12:00 Meals 1:00 Bowling (2 & 4) 1:00 Bid Whist 1:00 Canasta 3:00 Senior Chorus 5:00 Basket Class (Jan) 6:00 Line Dance	9:00 Crocheting 11:00 Sit & Be Fit 12:00 Meals 12:30 Pinochle 1:00 Quilting Group 1:00 Jewelry 1:00 Knitting Class 5:30 Weight Watchers	9:00 Basket Class 11:00 Bingo 12:00 Meals 12:30 Rummique 1:00 Bid Whist 1:00 Bridge 1:15 Woodcarving	7:00 Burgaw Rotary 11:00 Sit & Be Fit 12:00 Meals 1:00 Mexican Train 3:00 Quilting/Sewing Club	11:00 Bingo 12:00 Meals 12:30 Knitting Group Saturday—closed Facility Available For Rentals

Topsail Senior Center Opportunities

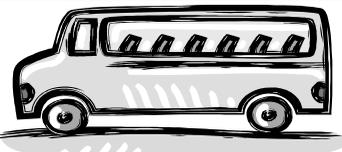
Phone: 270-0708

Monday 8:30 am—6:00 pm	Tuesday 8:30 am—5:00 pm	Wednesday 8:30 am—4:00 pm	Thursday 8:30 am—5:00 pm	Friday 8:30 am—2:30 pm
10:00 Modified PILATES 10:00 Beading 12:00 Meals 12:30 Mexican Train 12:30 Tree Top Quilters (2nd Monday) 2:00 Digital Class (TBA) 4:30 ZUMBA GOLD	9:00 Baskets 10:30 Bingo 12:00 Meals 2:00 Gentle YOGA	9:00 Quilting Class 10:00 Knitting Group 12:00 Meals	10:00 Vinyasi YOGA 11:00 Chair Aerobics 12:00 Meals 1:00 Quilting Class 1:00 Card Playing 1:00 Mahjong	8:45 ZUMBA 9:00 Wood Carving 12:00 Meals 1:00 Vitality in Action Saturday—closed Facility Available For Rentals

Fitness Fusion Group Fitness Classes

Phone: 259-0422

Monday Open 6:00—9:00	Tuesday Open 6:00—9:00	Wednesday Open 6:00—9:00	Thursday Open 6:00—9:00	Friday Open 6:00—9:00
8:30 BODYPUMP 9:40 YOGA 10:45 FIT OVER 50 4:15 ZUMBA 5:30 BODYPUMP 6:40 ZUMBA	8:30 CARDIO BLAST 9:40 YOGA 10:45 FIT OVER 50 6:00 ZUMBA	8:30 BODYPUMP 9:50 PILATES 5:30-6:30 BODY PUMP 6:40 YOGA	8:30 ZUMBA 9:40 YOGA 10:45 FIT OVER 50 6:00 ZUMBA	8:30 BODYPUMP 9:50 PILATES 5:30 BODY PUMP Saturday Open 8:00—4:00 9:00 ZUMBA



Public Transportation is available to person 18 years and older throughout Pender Co. The cost per ride is \$3 each way. A 48 hour notice is necessary to arrange transportation. Please call (910) 259-9119 or (910) 259-8434 to make arrangements

ASHE GARDENS *Memory Care*



Ashe Gardens Memory Care offers enhanced services and caring staff trained to meet the needs of residents with Alzheimer's and forms of dementia.

Discover What Sets Us Apart!

- Quality living at affordable rates; no entrance fee or long-term commitment required.
- Welcoming, home-like environment
- Dedicated, caring staff
- Full range of amenities and services
- Long- or short-term stays
- Medicaid accepted

Now accepting applications.



Call today for information or to schedule a tour!



A DePaul Senior Living Community
300 West Ashe Street
Burgaw, NC 28425
(910) 259-8070