

# Information, please?



## Call Us!

If you need

- information
- referral
- assistance

with the following services.

**Call: Heritage Place**  
**(910) 259-9119 X 309**

**or Call: Topsail Senior Center**  
**(910) 270-0708**

### INFORMATION PLEASE – WE ARE HERE TO HELP

Please call the center 259-9119 X 309 (or call 910-270-0708 for Topsail) if you need information, referral or assistance with any of the following services:

Health Screenings  
Insurance Counseling  
Legal Services  
Caregivers Classes  
Housing  
Home Repair/Modification  
In-home Aide Services  
Social Security Benefits  
Adult Day Care/Day Health  
Disaster Services  
Hospice Care  
Rehabilitation Services  
Respite  
Telephone Reassurance  
Energy Assistance

Fitness & Health Promotion  
Tax Preparation/Counseling  
Transportation Medical/General  
Family Support Groups  
Reverse Mortgage Counseling  
Home Health Services  
Medicaid Benefits/Medicare Benefits  
Job Training/Placement  
Community Mental Health  
Durable Medical Equipment/Assistive Devices  
Long-term Care Facilities  
Report Suspected Abuse, Neglect or Exploitation  
SHIIP (Senior Health Insurance)  
Congregate Meals/Home Delivered Meals  
Food Distribution