

Curbside delivery for congregate meals and Home Delivered Meals continues Monday through Thursday. These clients are 60 and older and are in the high-risk group. An intake form is required. ***For Curbside please call by 10am on the Friday*** prior to receive a meal(s). Call 910-259-9119, press 0 to speak to our receptionist or you may leave a message. A menu is available to help with your selection. Consumer contributions are appreciated.

If you leave home, know your Ws!



The Virus numbers are on the rise. Remember your W's. WEAR your mask, WAIT 6 feet apart, WASH your hands for at least 20 seconds.

PLEASE BE CAREFUL
& STAY HOME
AS MUCH AS POSSIBLE.

Outdoor Geri-fit

Tuesdays 10 am – 11 am – Heritage Place

Sign up by calling 910-259-9119 X 303

Under the Portico – class size limited

Mask necessary, social distancing practiced

Operation Fan

We have received fans
from Four County

Please call us about an application!

These fans are for folks 60 & up.

+WE ARE ALL in this together. On some points we may disagree, but we hope that we can all agree to care & love despite those differences.

Friday is Juneteenth – Juneteenth is short for June 19th, which marks the enforcement of the Emancipation Proclamation in Texas in 1865. **Juneteenth** became a state holiday in Texas in 1980, and a few other states subsequently followed suit. The day is also celebrated outside the United States, with organizations in several countries using the day to recognize the end of slavery and to celebrate the culture and achievements of African Americans.



HAPPY FATHER'S DAY!!

"A father is neither an anchor to hold us back, nor a sail to take us there, but a guiding light whose love shows us the way." – Unknown

